

Emergency Shelters

Open Every Day

Women

Island Crisis Care Society

Samaritan House
355 Nicol Street, Nanaimo
250-753-1474
Open 24 hours

Adult women; and children and youth with Ministry permission (up to 19 years for males). Low barrier, but no drugs or alcohol allowed on premises.

Men

The Salvation Army

New Hope Centre
19 Nicol Street, Nanaimo
250-714-1142
Open 24 hours

Shelter users are not permitted to be under the influence of drugs or alcohol. No pets. Some storage space available for belongings.

Youth

Friendship Lelum Youth Safe House

250-753-8266

For 'at risk youth' between 12 - 18 years.

Need More Help?

Homelessness Outreach Response

Team Cell 250-741-7645

Services for those experiencing ongoing homelessness.

CLOSEST
BUS
ROUTE



7



5, 6, 7
40
1 & 20 From
Prideaux



7

Winter Weather Shelter

Parksville/Qualicum Beach

Arbutus Grove Church

170 W Hirst Ave, Parksville
250-248-6474
6:00 pm to 7:30 am

Low barrier, but no drugs or alcohol permitted on premises. Open every night. Enter at the back.

Winter Weather Shelter Oct 15, 2018 to March 31, 2019

Nanaimo Area

First Unitarian Fellowship Church

595 Townsite Road, Nanaimo
250-754-3720
6:00 pm to 7:00 am

Pets and storage. Low barrier, but no drugs or alcohol permitted on premises.

Dec 1, 2018 to March 31, 2019

The Centre Shelter (Co-Ed)

St. Peter's Church
301 Machleary Street, Nanaimo
Coordinator 250-268-6151 or;
Shelter 250-268-6150
6:00 pm to 7:00 am
(Doors close at 9:00 pm)

CLOSEST
BUS
ROUTE



88, 91



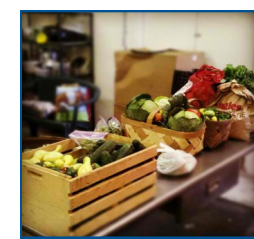
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1, 5, 6, 7,
20, 25, 30,
40, 50

Need Shelter or Food?

*Find emergency
shelter & food in the region*



In crisis? Need more help?

Call Vancouver Island Crisis Line:

1 - 888 - 494 - 3888

Find more about shelters &
other housing supports at:



www.rdnhousing.ca
250-390-6510

Looking for a Hot Meal?

Nanaimo

Salvation Army Meal Program

19 Nicol Street
250-714-1142
7 days per week
Lunch: Noon to 1 pm
Supper: 4:30 to 5:30 pm

CLOSEST BUS ROUTE



5, 6, 7
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1 & 20 from Prideaux

Nanaimo 7-10 Club

285 Prideaux Street
250-714-0917
Breakfast, Soup & Bag Lunch
Monday to Friday 7:00 to 10:00 am



1, 5, 6, 7, 20,
25, 30, 40,
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St. Andrew's Presbyterian Church

4235 Departure Bay Road
250-758-2676
Thursday 11:00 am to 12:30 pm
Offered from September to end of
June (excluding Christmas)



1, 20,
30, 40,
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St. Paul's Anglican Church

100 Chapel Street
250-753-2523
Soup, Sandwich & Conversation
Third Friday of each month
12:00 pm to 1:00 pm



1, 20, 25,
30, 40, 50

Parksville

Salvation Army Soup Kitchen

187 Alberni Highway
250-954-0707
Monday, Tuesday, Wednesday &
Friday
11:00 am to 1:15 pm



88, 91

Qualicum Beach

St. Stephen's United Church

150 Village Way 250 752 9831
Thursday's 11:00 am to 1:00 pm &
Third Tuesday of each month 5:00 to 6:00 pm



91, 97
99

Need a Food Bank?

Nanaimo Area

Loaves and Fishes Community Food Bank

1009 Farquhar Street
250-754-8347
Monday 5:00 to 7:00 pm
Wednesday 10:00 am to 2:00 pm
Thursday 1:00 to 3:00 pm
(special schedule last 2 weeks of December)

Depot Locations (closed on holidays)

St. Paul's Lutheran Church

394 Shepard Avenue
Monday 10:30 am to Noon

Christ Community Church

2221 Bowen Road
Monday 2:00 pm to 3:00 pm

St. Andrew's Presbyterian Church

4235 Departure Bay Road
Monday 2:00 pm to 3:00 pm

Nanaimo Alliance Church

1609 Meredith Road
Tuesday 1:00 pm to 2:30 pm

St. Philip's Anglican Church

1797 Cedar Road
Wednesday 2:00 pm to 3:00 pm

The Neighbourhood Church

4951 Rutherford Road
Thursday 7:00 pm to 8:00 pm

Salvation Army Church

505-8th Street
Friday 1:00 pm to 2:00 pm

Generations Church

1300 Princess Royal Ave
Saturday 11:00 am to Noon

CLOSEST BUS ROUTE



7



6, 40



30, 40



1, 20, 30,
40, 50



30



7



40



6



1, 50

Need a Food Bank?

Nanaimo Area

Society of Saint Vincent de Paul

Leave a message to arrange for a food hamper
delivery.
250-753-8500

Parksville / Oceanside Area

Salvation Army

886 Wembley Road
Parksville (French Creek)
250-248-8793
Monday, Wednesday, Friday 9:00 am to Noon
By appointment Mondays 1:00 to 4:00 pm and
Tuesdays & Thursdays 9:00 am to 4:00 pm

CLOSEST BUS ROUTE



88, 91

Need Food and Supplies?

Parksville / Oceanside Area

Manna Homelessness Society

Food, clothing, & survival equipment.
Outreach Van can be accessed by calling
250-248-0845 for outreach service.

Need RDN Transit Info?

Automated Transit Information Line

Nanaimo - 250-390-4531
Parksville/Qualicum Beach - 250-954-1001
Toll-free - 1-877-607-4111 Local 6200
www.rdn.bc.ca

Office Hours

Monday to Friday - 8:30 am
to 4:30 pm
Closed on Statutory Holidays

