

Oceanside Health and Wellness Network (OHWN) Circle of Partners Meeting Notes

April 19th, 2018, Stanford Place, Parksville, BC 250 Craig St, Parksville

√	Sue Abermann (Community Member)	√	Susanna Newton (SOS)
√	Marlys Diamond (Perfect Storm Group, FORA)	R	Cheryl Rikley (Island Health)
√	Virginia Gibberd (Community Member / Arrowsmith Lodge)	√	Courtney Simpson (RDN)
√	Gerry Herkel (FORA)	R	Deanna Smith (Arrowsmith Lodge)
√	Esther Pace (Island Health)	√	Sharon Welch (Forward House/OTFH) – CHAIR
√	Signy Madden/Melaina Patenaude (United Way)	√	Carissa Kazys (OHWN Interim Regional Coordinator)

Interview Presentation

Caron Byrne gave a brief presentation and was accepted to the CoP.

Welcome

Chair welcomed the participants and new CoP members. The minutes were approved with corrections. Coordinator Report was reviewed. Action Items were reviewed. Virginia clarified that she will be representing Arrowsmith Lodge at this meeting.

OHWN Administration

Health and Wellness Fair: Carissa gave a report on the Health & Wellness Fair. Cheryl and Carissa volunteered at the table. There were no costs associated with attending as materials were reused. 8 people signed up for the newsletter and/or to be a member of OHWN, and 12 people entered the draw. There were several conversations with members of the public, including some who had heard about OHWN through the newspaper articles this year. It was agreed that attending one day of the Fair was enough.

Office Space: We are gradually moving into our office space in Qualicum. Sharon will have more information about fax/copier needs in May.

Community Wellness Grant

- Carissa presented the Chair and the Network with two reference binders containing a report from on the Community Wellness Grant as well as materials prepared for the Forum and Workshop.
- Janice provided an overview of top 10 outcomes from the Wellness Grant and asked several questions about how OHWN and specifically the CoP would like to follow up with outcomes of the Forum and Workshop. She urged the CoP to consider longer term learning and be informed by the outcomes, beyond taking immediate action on the ideas generated.
- Need to ensure we are following up with what we said we would do.
- The video being made of the two events is in process.

ACTION:

Update website with Action Group activities – Carissa

Action Group Updates

Child Wellness:

- A spin off group, including members of the Child Wellness AG, has been meeting to implement one of the ideas from the Community Actions Workshop – a Universal breakfast program in Oceanside. A school has been identified, there is a pool of volunteers, and possible funding sources.
- The project would help the Child Wellness AG meet some of it's strategic goals. The AG is revisiting its goals and relationship to this spin-off group.
- A challenge for OHWN is to keep lighting fires without doing all the work. It was also agreed that the spin-off group is not accountable to OHWN, however for now is connected to the Action Group. OHWN's role is to convene and help with communications and to support until it is an established group.
- Breakfast Club is treating the symptom, not yet far enough upstream. Child health is multifaceted, mental health, food security, family support ('First 2000 Days' talks about this).
- Child Wellness AG is exploring how to follow up with Food Security participants post forum to continue to follow other ideas.

Mental Health

- The group is moving in a more tangible direction now.
- A Youth Forum will be held on May 29th, 10am – 2pm at PASSWoodwinds. The ideas is to have speakers and a free lunch. We have a small subcommittee including 2 students from the Workshop. The Forum is largely student led. One of the challenges is ensuring the voices are diverse - not only for those who identify as having a mental health issue. Suggested that the Digital Stories – Being and Belonging – be included as well as ENITY youth leaders and Discovery.
- A partnership is emerging with the Local Action Team related to the Brain Story Training. It is a training on trauma-informed practice and brain development. A fall forum may be held to share the information with front-line workers and service providers. LAT would provide the technical side, OHWN might book the facility and do administrative aspects. There is also a connection to child wellness.
- The Mental Health AG has shifted in it's strategic goals and will need to review its part of the Strategic Plan.
- Will have a follow up meeting with Network members after the Youth Forum.

Collaborative Evaluation

Wilder Survey

- Janice sent out the survey results and how the questions are grouped.
- Results: we have good connections, and clear goals. We need a broader cross section and more funds. We are open to flexibility and moving on, open to looking at what is working.
- Feedback was that that needed to clarify why this survey was sent out and it's purpose in connection to the Strategic Plan review.

Review of Network Connections

- As a way of understanding CoP member connections, which supports collective action, we did an inventory of affiliations.
- We identified that Aboriginal groups are missing (there is some representation on the Action Groups) as well as the Salvation Army.

Hiring New Coordinator

- The re-posting has gone out; the deadline is May 10. The posting has been edited; there is a stronger emphasis on population health and determinants of health, and less so a health care connection.
- We brainstormed places to advertise the posting.
- Decided that the Hiring Committee can make the final decision on the new Coordinator.

Admin support:

- Passed a proposal to allocate \$5000 from seed funding towards an admin assistant for June 2018 – March 31st, 2019.
- It would be a partnership with an organization who has a part time admin assistant who has experience and is in an office located in Parksville. The commitment would be on the part of the organization to ensure someone is available to attend meetings, write minutes, and help with other administrative tasks as decided by the Coordinator/Chair. The position is supervised by OHWN.
- We discussed at length what would be required for an organization to do this and how to word the invitation. An invitation to partner will go out to members of OHWN. Courtney will craft, Sharon and Sue will review.

ACTION:

Finalize partnership invitation letter. – Courtney, with Sue and Sharon
Send letter to OHWN members - Carissa

Round Table Updates

We heard roundtable updates from Partners.

Housing – 222 Corfield

- We decided to send a letter in support to Mayor and Council to address misinformation that is being voiced by a few strong voices. The letter will be on behalf of OHWN and signed by OHWN members.

ACTION:

Prepare Letter to Mayor and Council from OHWN – Carissa

Next Meetings

Mental Health Action Group:

Thursday May 3rd, 9-10:30am - Forward House

Thursday June 7th, 9-10:30am - Forward House

Network Development Action Group:

Thursday May 3rd, 2:00-3:30pm, Oceanside Place Arena

Thursday June 7th, 2:00-3:30 Oceanside Place Arena

Child Wellness Action Group:

Tuesday May 29th, 8:30-10:00am – BLT

Tuesday, June 25th, 8:30-10:00am – BLT

Circle of Partners:

Thursday May 17th, 2:30-4:30 – Stanford Place

Thursday June 21st, 2:30-4:30 – Stanford Place